

## New Life Christian Fellowship

1. Do you feel worn out or depressed? Things are hard, you wish you could fly away to a better place? You are not alone.

The Biblical King David felt like 'a broken vessel'. Although surrounded by scheming friends and living in misery; David did not give up. He trusted in God, waiting on the hope of 'His' promises.

It is not a lottery type hope, 'Maybe today my numbers will come up!' or waiting for a dental appointment type anticipation. It is an 'on the brink of success' type hope. Anticipating that something exciting is about to happen. Trusting in God's power over darkness and depression.

God makes trustworthy promises: 'The Lord gives strength to the weary.....But those who trust in the Lord will find new strength. They will be strong like eagles soaring upward on wings, they will walk and run without getting tired.' Isaiah 40:29-31

If you trust in God's goodness, you can eagerly expect to get a lion heart of strength, helping you to face life's difficulties.

Need someone to talk to or would like us to pray for you? Call: 01834 812839 or 01834 831533. New Life Christian Fellowship meet at Kilgetty Community Centre, 10.45am on Sundays, all are welcome.